



# ADAPT THE BOUNDARIES: ATHLETES AT EVERY LEVEL

With a full range of programs, coaches, facilities and a new home base, Whistler Adaptive is committed to developing athletes at the grassroots level all the way to the podium while encouraging participation in sport for life. Whistler Adaptive leads the way in adaptive sport by:

- Increasing knowledge of adaptive sport through training and coaching clinics.
- Expanding programs while creating pilot initiatives to adapt more sports like sailing, indoor climbing, biathlon and outrigger canoeing.
- Offering programs year-round matched with accommodation, training facilities, coaching and career development.
- Offering bursaries for individuals with financial need and for specialist groups travelling to Whistler.
- Focusing on core operational needs to keep program fees as low as possible for participants.
- Creating partnerships with local businesses and organizations so Whistler Adaptive can operate with mainly volunteers and few employees.

Having harnessed the legacy of the 2010 Olympic and Paralympic Winter Games, Whistler Adaptive continues to champion grassroots to competitive sports and recreation for individuals with a disability. We support Whistler's commitment to being the most inclusive mountain community in the world.

*"Don, a.k.a. Captain Holiday, has a vast knowledge of paddling, an infectious laugh and above all else, he doesn't presume to know what's best for each individual. He was open-minded and curious about my abilities and strength. As a result, I saw a dramatic improvement in my paddling and my confidence!"*

*"Thanks for all the great activities you did this summer with my son Avery. He thoroughly enjoyed the kayaking with Captain Don as well as the hike he went on with Nick. It is such a valuable social time and a great way to learn sports that he otherwise isn't exposed to! Thanks so much and we look forward to more programs in the future!"*

## ADAPT YOUR MINDSET:

### PASSIONATE VOLUNTEERS AND DONORS

While keeping overhead costs as low as possible, Whistler Adaptive could not operate without the many dedicated volunteers who work enthusiastically with participants and behind the scenes. Further to the financial support required, volunteers for administration, event management, coaching, program delivery and fundraising ensure Whistler Adaptive delivers the best possible experiences. No matter your skill, you can get involved. Contact us to learn about volunteer needs, upcoming training seminars and coaching certification courses.

With financial commitments from donors, Whistler Adaptive is able to ensure that sport-specific coaches and volunteers are trained, equipment inventories are maintained for each sport and programs are enhanced to service a range of people with cognitive or physical disabilities.

*"It cannot be stated too strongly that without the support of Whistler Adaptive my two children would not have had the opportunity to ski, canoe and hike these last 2-3 years. In terms of organizing and supporting (with enthusiastic volunteers and bursary funding), Whistler Adaptive has been first class!"*

Make a donation to specific programs  
and see how your contribution can change lives.

Inquire today:

[www.whistleradaptive.com](http://www.whistleradaptive.com) | 604.905.4493 | [info@whistleradaptive.com](mailto:info@whistleradaptive.com)

#AdaptThePlayground



whistler.adaptive



@WAdaptive



@whistleradaptive



Whistler Adaptive  
Sports Program



Photo: Tourism Whistler / Mike Crane





# ACCESS TO SPORT & RECREATION FOR ALL...

Whistler Adaptive Sports Program is...

- Innovating and advancing adaptive winter and summer sports
- Changing lives through access to sport and recreation for all
- Operating a centre for learning and sports excellence
- Creating sport for life at every level
- Attracting a passionate group of volunteers and donors
- Building on over 15 years of history as a Whistler-based society

## ADAPT THE PLAYGROUND:

### WINTER AND SUMMER SPORTS

Sport builds socialization, leadership skills and creates healthy growth and development for everyone, whether they have just acquired a disability or have been active all their lives. Sport and recreation opens doors to endless possibilities, renews self-confidence and creates new levels of independence.

Whistler Adaptive removes barriers to adventure by teaching people with disabilities to ski, snowboard, ski race, Nordic ski, row, canoe, kayak, do gymnastics, swim, complete in triathlons, run, do yoga, hand-cycle, bike, use a trail-rider and hike. On the trails, at the beaches or riding the gondola, curious onlookers constantly approach Whistler Adaptive volunteers and participants to learn about these inspiring programs. While word of mouth testimonials connect Whistler Adaptive with new participants, ongoing support is needed to promote programs to visitors and targeted groups. Whistler Adaptive has only begun to harness its full potential in Whistler's mountain playground.

# ADAPT YOUR THINKING:

### CHANGING LIVES

Whistler Adaptive is committed to introducing as many individuals with a disability as possible to sport, recreation and therapeutic programming. Whistler Adaptive supports sport for life by breaking down the financial, physical and social barriers as well as creating skills that will lead to future employment within sport and beyond.

Whistler Adaptive empowers individuals through access to one of the world's best mountain resorts. Whistler Adaptive provides the environment and support for people with disabilities to become physically active and focus on their abilities rather than disabilities. Programs are open to both children and adults with cognitive, sensory and physical disabilities. Whistler Adaptive serves Sea to Sky Corridor locals and visitors from across Canada and around the globe.

## ADAPT THE PLAYING FIELD:

### OVER 15 YEARS, 16 SPORTS & GROWING...

The Whistler Adaptive Sports Program Society has just completed its 15th year with a record 2,800+ lessons taught in 16 adaptive sports. Through generous donations, Whistler Adaptive allocates resources for equipment and volunteer training to work with a range of individuals and athletes. Alpine skiing and racing, snowboarding, Nordic skiing, hiking and trail riders, hand-cycling, biking, canoeing, kayaking, rowing, swimming, triathlons, running, yoga and gymnastics are all part of Whistler Adaptive programming and its philosophies on "Grassroots to the Podium" and "Sport for Life".

**ONLY 3% OF CANADIANS** with a disability are involved in organized sport, compared to 31% of able-bodied Canadians. Source: 2009 Active Healthy Kids Report (AHKR), Active Healthy Kids Canada



Photo: Tourism Whistler / Mike Crane

# LEARNING AND SPORTS EXCELLENCE

The Teck Whistler Centre for Adaptive Sports has expanded its programs at the Whistler Athletes' Centre with the high performance gym and lodging for athletes and teams who train, compete and live in Whistler. Legacies from the 2010 Olympic and Paralympic Winter Games, the High Performance Centre houses the main office for Whistler Adaptive and includes a strength and conditioning gym and gymnastics facility while the Whistler Athletes' Lodge provides 75 accessible rooms, a self-catering kitchen and 20 townhomes for accommodation.

The Jeff Harbers Adaptive Sports Centre, part of the Teck Whistler Centre for Adaptive Sport on Whistler Mountain, will allow the Whistler Adaptive Ski and Snowboard, Adaptive Alpine Race and Alpine Hiking/Trail Rider programs to thrive and increase visibility within the sport community. In addition to the Harbers Family, the Whistler Blackcomb Foundation, American Friends of Whistler, TELUS, Whistler Blackcomb, the Delta Whistler Village Suites, Scotiabank, Borden Ladner and Gervais, Glacier Creek Contracting, Snow Mountain Projects, Andrew Terret Architecture, as well as many other contributors have each been instrumental partners to build this new asset. Whistler Adaptive continues to accept gifts of cash or in-kind services to support the operations at all of our facilities.



Photo: Joern Rohde



Photo: Joern Rohde



Photo: Joern Rohde